

Sample 2 Week Programme

CEC - Cork Institute of Technology



	07.45 - 08.45	09.00 - 12.15	12.30 - 13.30	14.00 - 17.00	17.00 - 18.30	19.00 - 21.30
Sunday	Arrival - Time to be confirmed - Transfer to accommodation				Dinner	Orientation evening
Monday	Breakfast	English Lessons	Lunch	Cork City Tour	Dinner	Movie Night
Tuesday	Breakfast	English Lessons	Lunch	Sports / Swimming / Activity	Dinner	International Disco
Wednesday	Breakfast	English Lessons	Lunch	Visit to Cork City Gaol	Dinner	Treasure Hunt
Thursday	Breakfast	English Lessons	Lunch	Sports / Swimming / Activity	Dinner	Karaoke Evening
Friday	Breakfast	English Lessons	Lunch	Visit Fitzgerald's Park & UCC	Dinner	Sports Competition
Saturday	Breakfast	Full Day Tour to Killarney, Muckross & Torc Waterfall			Dinner	Fancy Dress
Sunday	Breakfast	Optional Trip	Lunch	Optional Trip	Dinner	Quiz Night
Monday	Breakfast	English Lessons	Lunch	Visit the Lifetime Lab	Dinner	Talent Show
Tuesday	Breakfast	English Lessons	Lunch	Sports / Swimming / Activity	Dinner	International Disco
Wednesday	Breakfast	English Lessons	Lunch	Visit Charlesfort and Kinsale	Dinner	Sports Competition
Thursday	Breakfast	English Lessons	Lunch	Sports / Swimming / Activity	Dinner	Karaoke Evening
Friday	Breakfast	English Lessons	Lunch	Theatre Preparation	Dinner	Fancy Dress Evening
Saturday	Breakfast	Full Day Tour to Bunratty Castle and Folk Park			Dinner	International Theatre Night
Sunday	Breakfast	Departure				

The above is a sample programme and CEC reserves the right to change the programme at any time

College Facilities :

Cork Institute of Technology

www.cit.ie

Accommodation Facilities :

Parchment Square

www.parchmentsquarecork.com



www.corkenglishcollege.ie